



DIRECTIONS

1. From I-12 West, take the LA 3158/Airport Road Exit and go Right.
2. From I-12 East, take the LA 3158/Airport Road Exit and go Left
3. The Recreational Facility entrance is on the Left.

LOCATION:

PONCHATOULA AREA RECREATIONAL DISTRICT 1
42074 North Hoover Road
Ponchatoula, Louisiana 70454



May 3, 2025
Regional Tournament

FOR MORE INFORMATION, PLEASE CONTACT:
DENHAM SPRINGS ATA MARTIAL ARTS
225.665.3301

<https://dsatamartialarts.com/programs/tournaments/annual-tournament>

**SCHEDULE OF EVENTS
SATURDAY, MAY 3, 2025**

HOST HOTEL ACCOMMODATIONS:

Holiday Inn Hammond

1819 SW Railroad Ave,
Hammond, LA 70403
(985) 662-3877

DEADLINE IS 4/11/2025

****Mention “ATA Martial Arts” to get special rate****

SPECTATOR ADMISSION- \$5 FOR 5 YEARS OLD AND UP

REGISTRATION:

- \$50.00 – Songahm Forms & Sparring
- \$20.00 – Each Subsequent Event
- \$75.00 – All Team Events

We would like to thank our Co-EVENT SPONSOR!!

A.L.K AUTOMOTIVE LLC



7:00 AM	<u>Doors Open & Registration Begins</u>
7:30 AM	<u>Mandatory Black Belt Meeting/Staging for Adult Black Belts and 15-17 Year Old Black Belts (including Special Abilities in these divisions)</u> Adult Black Belts and 15-17 Year Old Black Belts must register for their competitions at the Black Belt Meeting. See tournament staff if you are late.
7:45 AM	<u>Opening Ceremonies</u>
8:15 AM	<u>Competition Begins</u> All Adult Black Belts and 15-17 Year Old Black Belts, Traditional and C/X
9:45 AM	<u>Tiny Tiger Competition</u> Ring 15: NexGen Ring 14: JFK Mandeville Ring 13: Forever Driven Ring 11/12: Denham Springs ATA Ring 10: Live Confident Ring 9: Mstr. Boyd/McCranie Ring 9: All Other Tigers
10:30 AM	<u>Junior Black Belts (Recreational & Champion)</u> Report to your Assigned Ring for Staging Ring 3: 13-14 B 1 st Degrees Ring 5: 11-12 B 1 st Degrees Ring 7: 9-10 B 1 st Degrees Ring 9: 13- 14 G 1 st Degrees Ring 11: 11-12 G 1 st Degrees Ring 13: 9-10 G 1 st Degrees Ring 4: 13-14 B 2 nd -3 rd Degrees Ring 6: 11-12 B 2 nd -3 rd Degrees Ring 8: 9-10 B 2 nd -3 rd Degrees Ring 10: 13-14 G 2 nd -3 rd Degrees Ring 12: 11-12 G 2 nd -3 rd Degrees Ring 14: 8 & Under B 1-3 Degrees 9-10 G 2 nd -3 rd Degrees 8 & Under G 1-3 Degrees
10:30 AM	<u>Special Abilities – Color Belts (all ages) / Black Belts (14 & under)</u> Staging will be in Ring 1 The groups below will be staged in the staging area in the following order as rings are available for competition in all events:
11:30 AM	<u>8 & Under Old Color Belt Girls & Boys (Recreational & Champion)</u> <u>9-10 Year Old Color Belt Girls & Boys (Recreational & Champion)</u>
12:30 PM	<u>11-12 Year Old Color Belt Girls & Boys (Recreational & Champion)</u> <u>13-14 Year Old Color Belt Girls & Boys (Recreational & Champion)</u>
1:30 PM	<u>15-17 Year Old Color Belts Girls & Boys (Recreational & Champion)</u> <u>Adult Color Belts MALE & FEMALE (Recreational & Champion)</u>

Team Sparring will be run throughout the day as competitors finish their regular competition.

ALL OF THESE TIMES ARE APPROXIMATE AND ARE SUBJECT TO STARTING LATER THAN SCHEDULED! PLEASE DO NOT ARRIVE MORE THAN 15 MINUTES BEFORE YOUR COMPETITION TIME! WE WILL NOT START EARLY!